

****Important Liability Release**** By signing below and participating in live-stream or recorded Yoga, Meditation, Pilates, Tai Chi & Qi Gong, La Blast, &/or Zumba Gold classes, you are agreeing to the following: I hereby release Diane (Dee) Durfee, of Blue Collar Mind Body and any associates, from responsibility for any injuries, whether minor or seriously disabling, I may sustain as a result of participation in the classes or programs presented by Diane (Dee) Durfee and Blue Collar Mind Body. - including any online pre-recorded or live-streamed class. I am aware that the instructor cannot see me and may not be able to offer personalized instruction, and therefore I, _____ agree to assume full responsibility for any risks, injuries, or damages, even death, for reasons known or unknown, which I might incur as a result of participating in the classes of programs offered online by Diane (Dee) Durfee, through Blue Collar Mind Body. As determined by my physician and myself, I certify that the level of my physical condition will allow me to safely participate in programs in person, or online, with Diane (Dee) Durfee and Blue Collar Mind Body. By signing below, I am also signing on behalf of participants under, or over, the age of 18, who may be accompanying myself, whether the class is held online or in person. I have read the above release and waiver of liability and fully understand its contents. I am legally competent to voluntarily agree to the terms and conditions stated above, and by signing below, I agree to these conditions.

Participant

_____/_____/_____

Date